



To check your insurance benefits, please call the number on your insurance card.

You'll need the following information. Nourish is out of network with all insurance plans, so please be sure to ask for your out-of-network benefits.

CPT Codes for Medical Nutrition Therapy:

Initial Visit: 97802

Follow Up Visit: 97803

Diagnosis Code:

Z71.3: Dietary Counseling and Surveillance (this is the code most often accepted, if you have another condition that you think should be covered, ask your doctor or send us an email at meg@nourishis.com).