



To check your insurance benefits, please call the number on your insurance card. You'll need the following information.

Nourish is in network with United Healthcare and out of network with all other insurance plans, so please be sure to ask for your correct benefits.

CPT Codes for Medical Nutrition Therapy:

Initial Visit: 97802

Follow Up Visit: 97803

Diagnosis Code: Z71.3: Dietary Counseling and Surveillance (this is the code most often accepted, if you have another condition that you think should be covered, ask your doctor or send us an email at [meg@nourishis.com](mailto:meg@nourishis.com))

Remember, if you are using out of network benefits, payment will be accepted from you at the time of service (credit card, check or cash), and Meg will submit your bill to insurance. Insurance will send reimbursement to you directly, depending on your plan and benefits.